

The road to Shugendo ~ Mt. Ishizuchi
(1Night 2Days Tour)

Day 01: Matsuyama – Hashihama Train Station – Shimanami Kaido Cycling – Saijo.

The day starts with a train ride to Hashihama Station, the nearest station from Shimanami Kaido. Shimanami Kaido is getting popular for its cycling activities where the trail passes through high bridges above the Seto Inland Sea. Views from the cycling route are spectacular bringing you the gentleness of Seto Inland Sea, small islands rising above the water, and small settlements.

After the cycling experience, we will take a small boat to see the whirlpools that occur in the Kurushima Strait. After lunch in Ikiiki-Kan, a locally famous restaurant for its seafood menu, we will transfer to see Uzuhama Lighthouse.

After the whole day's activities, take a train to Saijo station, from where we will be walking to the accommodation. Enjoy your evening with Hot Spring Ryokan.



Cycling at Shimanami Kaido

Day 02: Saijo – Shimodani Station – Ishizuchi Ropeway – Sancho-Joju Station – Zenjagamori Goya Hut – Ishizuchi Shrine – Shimodani Station

The day starts with a train ride to Shimodani Station. Local trains in Matsuyama are cute, many of them being single-deck trains. From Sancho-Joju station, we will be walking to Joju station, where we meet a Yamabushi (Japanese Mountain Ascetic Hermits). The Yamabushi will explain what we are going to do after this, what we need to take care of, what he will support etc. With all this information, we start climbing Mt. Ishizuchi. Shell horns are blown, chains are used to climb the 80-degree steep trail.

After 1.5 hours strenuous mountain climb, we reach Zenjagamori-Goya Hut, the last point of this strenuous climb. Further, we hike to the top point of Mt. Ishizuchi where the famous Chojosa shrine is located (Chojosa = Shrine at top of the mountain).

Make prayers, greet the god for this fantastic journey, and climb back to the base of Mt. Ishizuchi to return.

This tour ends after we reach the train station, from where you can take a further train to Matsuyama City or any other destinations.



Cost & Inclusions

1. **Daily Accommodation with breakfast**
2. **Meals as per the itinerary**
3. **Private vehicles for transportation except walking**
4. **English speaking guide**
5. **Ferry and other transportation**
6. **Sightseeing in mentioned places**

¥55,000~ Per Person

※Based on minimum participants 2 pax